

PARENT AND CARER PEER SUPPORT GROUP

For parents and carers of neurodivergent children or those with additional support needs in Edinburgh.

What are Parent and Carer Peer Support Groups?

These groups are to help parents and carers to share their knowledge and lived experience of supporting neurodivergent children or those with additional support needs. Peer support is when people use their own experiences to help each other.



What will the Parent and Carer Peer Support Group consist of?

Each monthly online group will have a theme where parents and carers can share information, resources, and strategies which they have found helpful.

Where and when will the groups be held?

This monthly parent-led group, supported by Edinburgh Council, is hosted online on Teams by Salvesen Mindroom Centre.



The first Parent and Carer Peer Support Group will be held on Thursday 8th of September at 10.30am – 11.30am on Teams*



Salvesen
Mindroom
Centre

No Mind Left Behind

If you're interested or would like to know more, please get in touch via directhelp@mindroom.org or 0131 370 6730.

You can also find more information about Salvesen Mindroom Centre on our website at www.mindroom.org.

**Remaining dates and links will be provided upon signing up*