



# Staying Creative

**Free, online creative projects and workshops that support you to grow and thrive.**

# Make Space

**Friendly, easy-to access, creative sessions that help boost your wellbeing.**

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Make Space is all about you – giving you the time and space to think and explore a wide variety of creative projects, as well as discovering ways to support your health and well-being.

Sessions are fun, varied and will help you protect your mental wellbeing as well as bringing joy and structure to your day. Don't worry if you don't see yourself as a whizz at art - no creative experience is necessary. These drop-in virtual sessions are for anyone aged 14-26 living in Scotland's Central Belt.

Make Space is an ideal way to get to know us, our team and the way we work. Its also great for those looking for something to do, as and when you like.



# Cashback to the Future

**A 4-week fun and creative programme helping you explore or develop new skills & confidence this summer.**

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If you're aged 14-19 and looking for something creative to do over the summer then why not think about our Cashback programme? Perhaps you have not enjoyed school much, are thinking about leaving or you finding things really tricky at the moment.

For 4 weeks in July, we will help you explore and develop creative skills across a whole host of areas like Visual Arts, Film, Performance, Creative Writing, Music and more.

You don't need any prior knowledge – the focus is on fun and we will provide you with all the kit needed to get involved.

Cashback is the ideal programme for those of you looking for something structured to do over the summer.



# Creative

# Pathways

**A 10-week course, using creativity to develop skills that support you in developing career goals.**

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Formal education is not for everyone, and getting a job or thinking about college can be really tricky. If you're 16-26 and are not at college or in full-time employment, then Creative Pathways could be for you.

Over 10 weeks and using the arts as a focus, we will support you to feel more confident, overcome some of the hurdles you might be facing and gain some qualifications.

All delivery will be online, and you will be supported by an artist and opportunities co-ordinator who will provide 1:2:1 and group support. You don't need to be a whizz at art to join in - an interest in creativity is more than enough. We will provide you with everything you need to get involved.



# Make It

# Your Own

**Guided support for care leavers that help make your new place feel like home.**

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Are you aged 16-26 and a care leaver preparing to enter into your own tenancy? Perhaps you got the key to your tenancy within the last year? You might be a care leaver living in temporary accommodation and are waiting to get your keys soon. If so, this programme is for you!

We will work with you on a 1:2:1 basis to explore how you can turn your space into a home. You will be supported to explore your own style and how this can be incorporated across your interiors. You will learn new skills, surprise yourself and will be given a shopping budget.

Together we will work with you so that you can turn your pad into somewhere to call your own.





## Online in 2020

We know that the COVID-19 outbreak has changed the way we all live, work and play and that this is a challenging and worrying time for many. In response, and in line with government updates, we have changed the way we work; ensuring we still do everything to support you or those you work with.

Whilst we are not able to offer face-to-face programmes, all the courses and sessions featured here offer lots of exciting ways to get involved virtually.

Don't worry if you don't have data or a phone or digital device, we will work with you to find a solution.

## Find out More

If you think some of the sessions might be of interest to you, or would like to find out a bit more visit our website at [www.impactarts.co.uk](http://www.impactarts.co.uk) where you can get in touch or chat to one of our team via the live chat.

Email: [hello@impactarts.co.uk](mailto:hello@impactarts.co.uk)

Call: 0141 575 3001

Chat: [www.impactarts.co.uk](http://www.impactarts.co.uk)

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