

PSHE Resources

General information

The PSHE association: <http://www.pshe-association.org.uk/>

BBC learning zone: http://www.bbc.co.uk/schools/websites/11_16/site/pshe.shtml

Drugs, smoking and alcohol education

Talk to frank: http://www.talktofrank.com/?&gclid=CJehuJGM77MCFW_KtAodyVoAAw

Hope UK: <http://www.hopeuk.org/>

Kenward trust: <http://kenwardtrust.org.uk/>

Drink aware: <http://www.drinkaware.co.uk/>

NHS Smokefree: <http://smokefree.nhs.uk/>

Quit smoking: <http://www.quitbecause.org.uk/>

Drug free world: <http://www.drugfreeworld.org/>

Discrimination and prejudice:

Tackling racism: <http://www.tackling-racism.co.uk/>

Homophobia: stonewall: http://www.stonewall.org.uk/at_home/sexual_orientation_faqs/2697.asp

BBC challenging stereotypes:

http://www.bbc.co.uk/schools/pshe_and_citizenship/personal_wellbeing/relationships/challenging_discrimination/

Safety

Get safe online: <http://www.getsafeonline.org/>

e-safety kent: http://www.kent.gov.uk/childrens_social_services/protecting_children/e-safety.aspx

Think u know: <http://www.thinkuknow.co.uk/>

Kent fire and rescue: http://www.kent.fire-uk.org/your_safety.aspx

Think! Road safety: <http://think.direct.gov.uk/>

Cyber mentors: <http://www.cybermentors.org.uk/>

Brake road safety: <http://www.brake.org.uk/>

Mental health:

Don't call me crazy BBC <http://www.bbc.co.uk/programmes/p01b86w5>

Depression http://www.mind.org.uk/blog/8784_depression_the_enemy_within

Male suicide

http://www.mind.org.uk/blog/8560_worrying_statistics_show_an_increase_in_male_suicide

Bipolar http://www.mind.org.uk/blog/9193_bipolar_disorder_and_me

OCD <http://www.bbc.co.uk/news/magazine-23412085>

Mental wellbeing <http://www.nhs.uk/Conditions/stress-anxiety-depression/Pages/improve-mental-wellbeing.aspx> -

Anxiety http://www.mind.org.uk/blog/8509_when_anxiety_kicks_in

Young minds <http://www.youngminds.org.uk/>

Finance and careers:

Natwest money sense: <http://moneysense.natwest.com/schools/schools>

National careers service: <https://nationalcareersservice.direct.gov.uk/advice/Pages/default.aspx>

Connexions: <http://www.connexions-tameside.com/>

Bereavement:

Child bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/children-bereavement.aspx>

Bereavement <http://www.nhs.uk/Livewell/bereavement/Pages/coping-with-bereavement.aspx>.

Losing someone life story. <http://www.nhs.uk/Livewell/bereavement/Pages/sarah-phillips-bereavement-story.aspx>

Sexual Abuse:

<http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-jane-s-story-juries-in-courts/14375.html>

<http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-men-think/14372.html>

<http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-attitudes-towards-sex-and-what-men-think/14372.html>

<http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-laura-s-story-partner-rape/14373.html>

<http://www.bbc.co.uk/learningzone/clips/i-never-said-yes-natalie-s-story-gang-rape-and-the-role-of-the-police/14374.html>

Self harm:

Self Harm <http://www.bbc.co.uk/learningzone/clips/coping-with-self-harm/11900.html>

Mind http://www.mind.org.uk/mental_health_a-z/8006_self-harm

Harmless: <http://www.harmless.org.uk/>