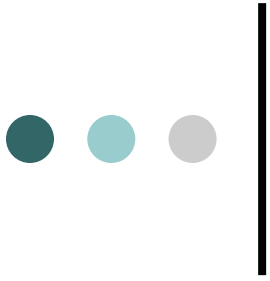


*Skills!*

*Skills for learning, life  
and work*



## **My skills chart:**

- Literacy
- Numeracy
- Health and Wellbeing
- Employability, Enterprise & Citizenship
- Thinking Skills



# All about Me:

- My Strengths
- My Character
- My Goals
- My Interests

What Learning skills have you used in the last week? Have you been...

Had a really good idea?

Been Creative?

Made Connections?

Had a new experience?

Generated an idea?



Tried a different way of learning?

Been predictive?

Adapt and react to a changing situation?

Asked thoughtful questions?

Explored possible ways of learning?

Followed an idea through?

# What Life skills have you used in the last week? Have you been...



Set yourself goals?

Assessed your own learning?

Thought about what you are good at?

Looked for extra opportunities to learn?

Identified your own success criteria?

Told other people how well you have learned?

Taken some risks & done something different?

Asked for feedback & responded positively?

Been able to take criticism?

Evaluated your strengths and weaknesses?

Improved your learning based on feedback?

Reviewed your own progress?

# What skills have you used in the last week? Have you been a LEADER?

Organised your time well?

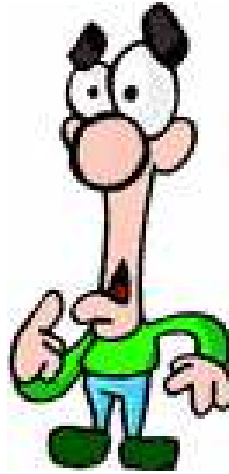
Looked for a new challenge?

Set high standards?

Coped with pressure?

Contributed ideas?

Taken turns?



Prioritised what you need to do?

Identified problems and dealt with them?

Delegated to others?

Accepted responsibility

Taken some risks & done something different?

Shown Initiative?

Persevered?

# What skills have you used in the last week? Have you worked with others?



Treated others with respect?

Been organised?

Been clear about aims?

Been Punctual?

Contributed ideas?

Taken turns?

Listened to the opinions of others?

shared responsibilities ?

Made Decisions?

Shown Commitment?

Accepted responsibility

complete my own targets to deadline so that other people are not kept waiting ?

Shared Information?



# SKILLS FOR LEARNING, LIFE AND WORK

## CREATING

Being able to:

- Produce
- Plan
- Prepare
- Improve
- Predict

## KEY SKILLS

- CREATING
- EVALUATING
- ANALYSING
- APPLYING
- UNDERSTANDING
- REMEMBERING

## REMEMBERING

Being able to:

- Memorise
- Reproduce
- List
- Label

## EVALUATING

•Being able to:

- Decide
- Assess
- Justify
- Organise
- Conclusion

## ANALYSING

Being able to:

- Research
- Investigate
- Compare
- Debate
- Question

## APPLYING

Being able to:

- Draw
- Make Choices
- Explain
- Construct
- Calculate

## UNDERSTANDING

Being able to:

- Recognise
- Describe
- Interpret
- Give Example
- Summarise