

Place2Be Children's Mental Health Week 1-7 February 2021

Theme : Express Yourself

<https://edinburgh.overdrive.com/library/teens/collection/1101517>

This links to books relating to Escape Relate Connect (ECR), which use reading to promote positive mental health. You can find more information and further reading on Twitter : https://twitter.com/ECR_Edinburgh

<https://tinyurl.com/yylg6hcr>

This offers a diverse range of activities relating to Children's Mental Health Week- video clips, book extracts, playlists etc