



St Thomas of Aquin's High school Health and Well-Being Survey

Renewal Plan Phase 1 October 2020

As part of our Renewal Plan (Phase 1) the school undertook a Health and Well-being survey in October 2020 in order to identify how it could best support all members of the school community during these challenging times. I would like to extend my thanks to all pupils, parents and staff who responded and am pleased to share the findings of this survey with you today.

Parents/ Carers: 146 responses (18.3% of roll) BGE 79 responses (18.8% of S1-S3 roll)

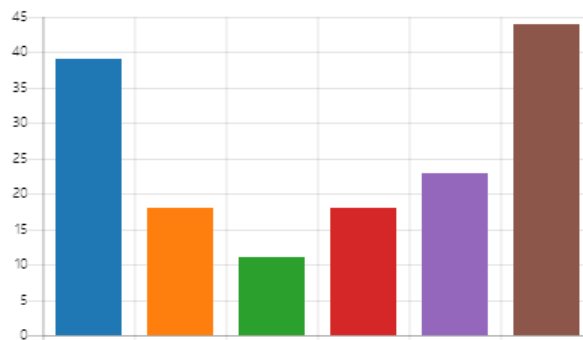
Senior Phase 76 responses (21% of S4-S6 roll)

Pupil participation:

1. I am in

[More Details](#)

● S1	39
● S2	18
● S3	11
● S4	18
● S5	23
● S6	44



Reminder of Scale 1-5

1 Strongly Disagree

2 Disagree

3 Don't Know

4 Agree

5 Strongly Agree

Question 1

SAFE: My child feels safe at school despite COVID-19

Parents

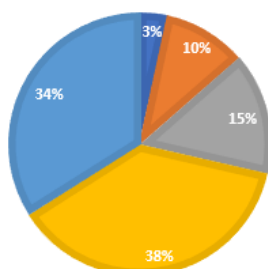
Average score 3.9/ 5

Pupils

Average Score 3.8/5

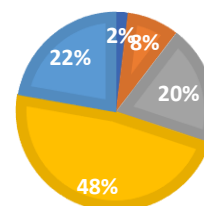
SAFE: MY CHILD FEELS SAFE AT SCHOOL DESPITE COVID-19

■ 1 ■ 2 ■ 3 ■ 4 ■ 5



I FEEL SAFE AT SCHOOL DESPITE COVID 19

■ 1 ■ 2 ■ 3 ■ 4 ■ 5



72% of parents and of 70% of pupils agree that they feel safe at school.

Question 2

HEALTHY: My Child is in a positive state of mind at the moment

Parents

Average score 3.55/ 5

Pupils

Average Score 3.7/5



63% of parents and 67% of pupils agree that they are in a positive state of mind at the moment.

Question 3

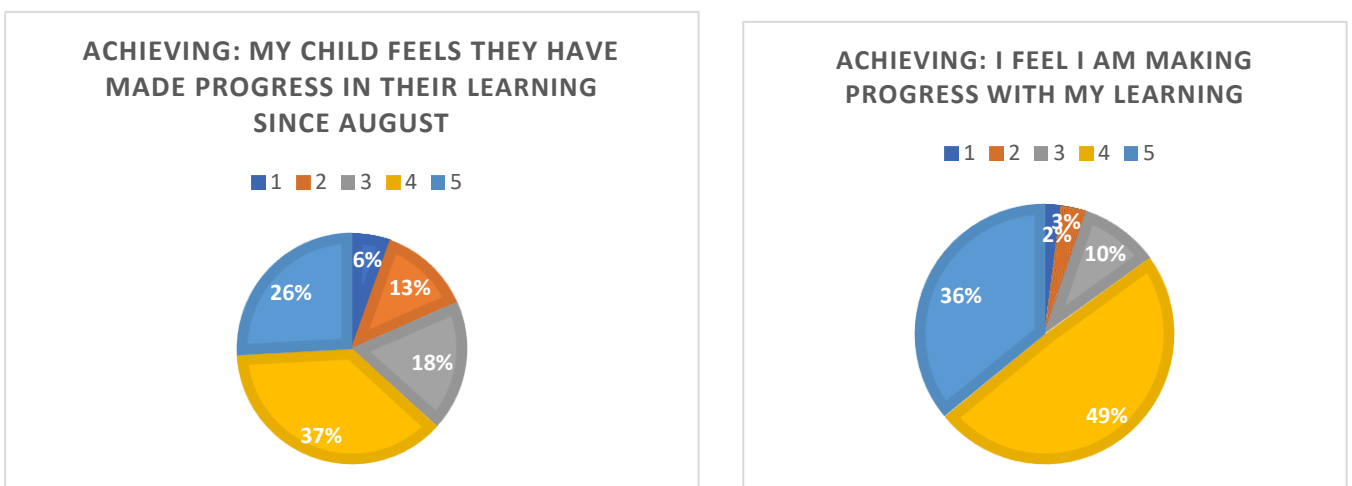
ACHIEVING: My child feels they have made progress in their learning since August

Parents

Average score 3.66/ 5

Pupils

Average Score 4.14 /5



63% of parents and 85% of pupils feel that they are making progress with their learning

Question 4

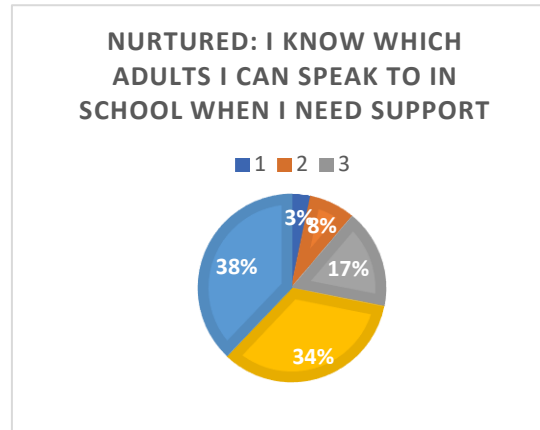
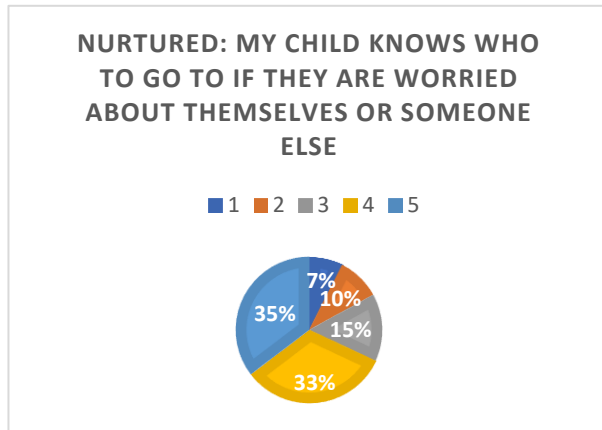
NURTURED: My child knows who to go to if they are worried about themselves or someone else

Parents

Average score 3.79 / 5

Pupils

Average Score 3.95 / 5



68% of parents and 72% of pupils state that pupil know which adult they can access support from in school.

Question 5

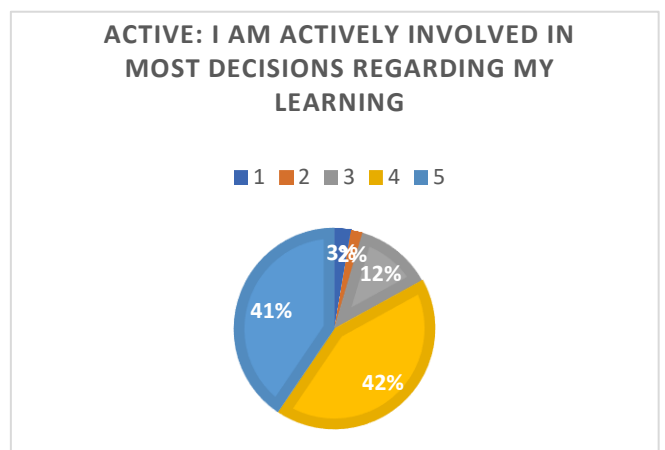
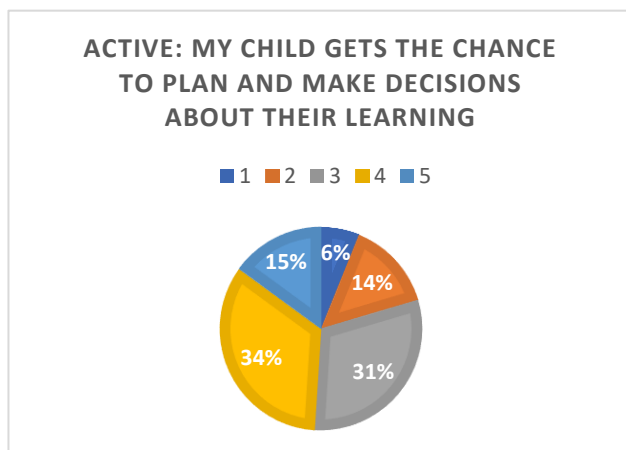
ACTIVE: My child gets the chance to plan and make decisions about their learning

Parents

Average score 3.36 / 5

Pupils

Average Score 3.81 / 5



49% of parents and 63% of pupils are of the opinion that pupils are given the opportunity to make decisions regarding their choice of learning.

Question 6

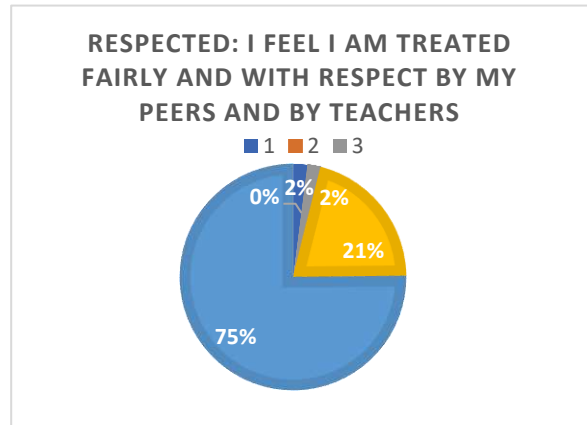
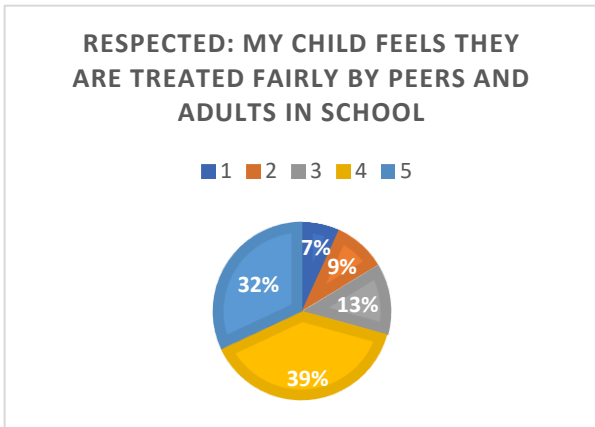
RESPECTED: My child feels they are treated fairly by adults and peers in school.

Parents

Average score 3.78/ 5

Pupils

Average Score 4.16/5



71% of parents and 86% of pupils feel that pupils are treated fairly and with respect by adults in school

Question 7

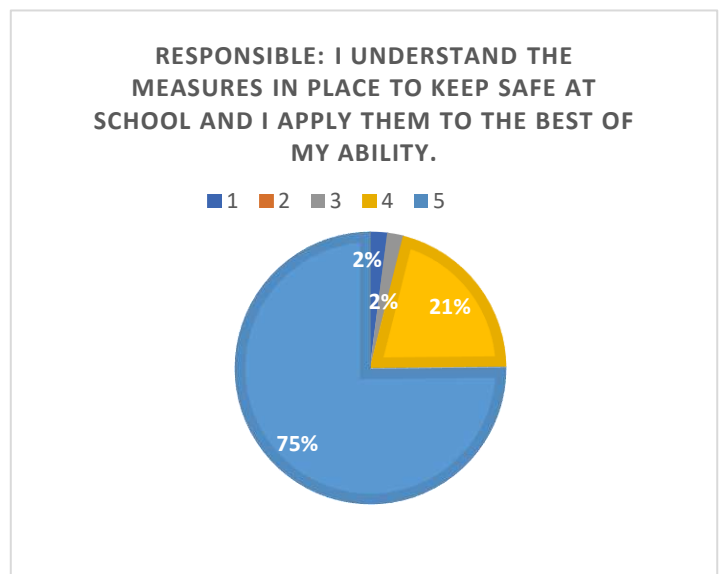
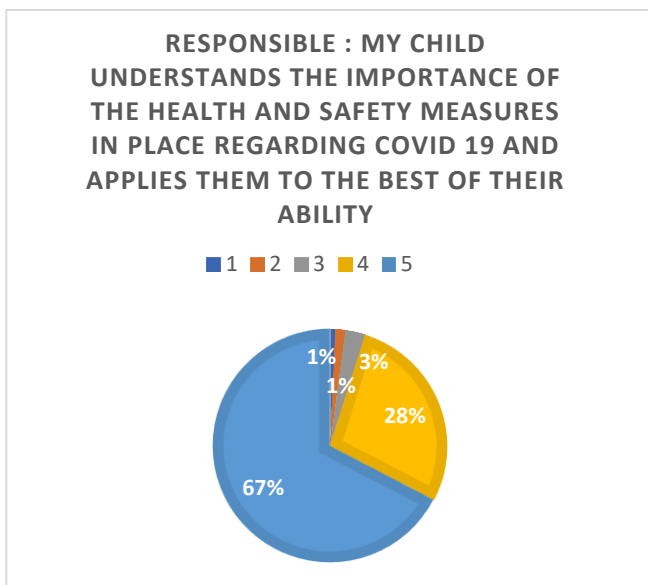
RESPONSIBLE: My child understands the importance of the Health and Safety measures in place regarding COVID 19 and applies them to the best of their ability

Parents

Average score 4.52/ 5

Pupils

Average Score 4.67 /5



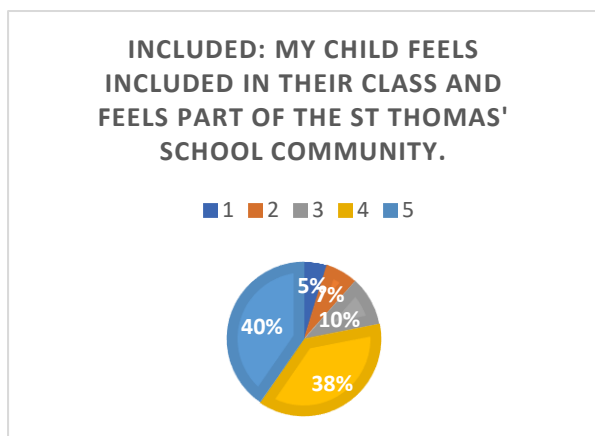
85% of parents and 96% of pupils understand the measures in place to keep safe at school

Question 8

INCLUDED: My child feels included in their class and feels part of the St Thomas' school community.

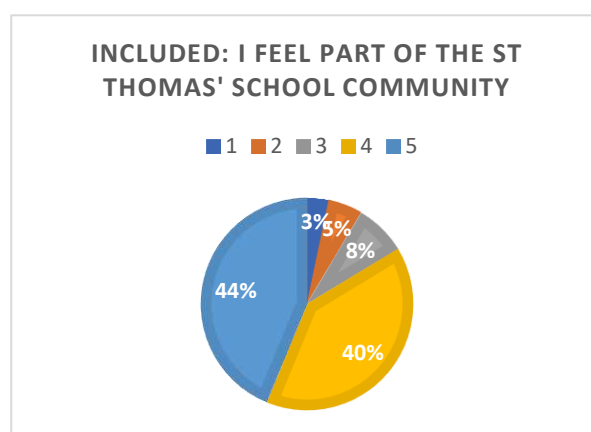
Parents

Average score 3.99 / 5



Pupils

Average Score 4.15/5



88% of parents and pupils feel part of the school community.

Some suggestions from parents

Communication

Young people to be made aware of new developments as they arise, regular information about COVID precautions and guidelines.

Health and Safety protocol

More and better smelling hand sanitisers, clear and consistently followed cleaning routines, consistent use of mask in corridors and classrooms, circulation in/ out of and around the building, social distancing by adults, access to indoor spaces at social times)

Health and Well-Being

Time/ opportunities to talk or communicate in other ways about the effects of Covid with peers in a classroom environment, access to key adults to discuss fears, physical activity/ outdoor learning, implementation of relaxation and anxiety reducing techniques, behaviour and mental health support , flexibility to refer to Learning and Nurture Hub, nurturing approach in classrooms, focus on kindness , access to Place2Be counselling and family support.

Learning and Teaching

Extra support provided through online or other after school clubs, support for organisation of learning on Teams including reminders of dates of home study and tests , access to high quality online resources and suggestions of blended learning / activities in case of further lock down, prompt marking of work submitted , information about forthcoming qualifications and prelim dates , access to ICT for all, use of assessment, greater opportunities for independent learning.

Some suggestions from pupils:

Communication

Tour for S1 pupils who did not have transition, frequent communication to be reminded of health and safety measures in place, open channels of communication, pupils to be included in decision making process.

Health and Safety Protocol

Better smelling hand sanitiser, soap, paper towel and sanitary supplies in toilets, systematic use of mask for all in class and around school, removing the one-way system, limit waiting time outside building in morning, use of spaces- different communal areas, open windows, areas for senior pupils to meet at break and lunch time.,

Health and Well-Being

Be nice to each other, see below for suggestions to manage learning and teaching effectively and lower anxiety, support from teachers for emotional health and well-being, information about transition pathways, kindness and nurturing approach from all staff in recognition of current challenges,

Learning and Teaching

Opportunities for more interactive, " fun" learning, more detailed instructions for online learning, staff to check that links are active once they have issued them , clear communication regarding course requirements, advance notice of assessments which will be taken into account for final grade, more opportunities for independent learning, supported study after school , all resources and activities available on Teams, timeline to ensure that pieces of work are spread out, reduction in the number of assessments , use of Teams and online video in the case of a further lock down, adjust home study demands, focus on study skills and revision techniques.